



Board of Directors Candidate Application Form

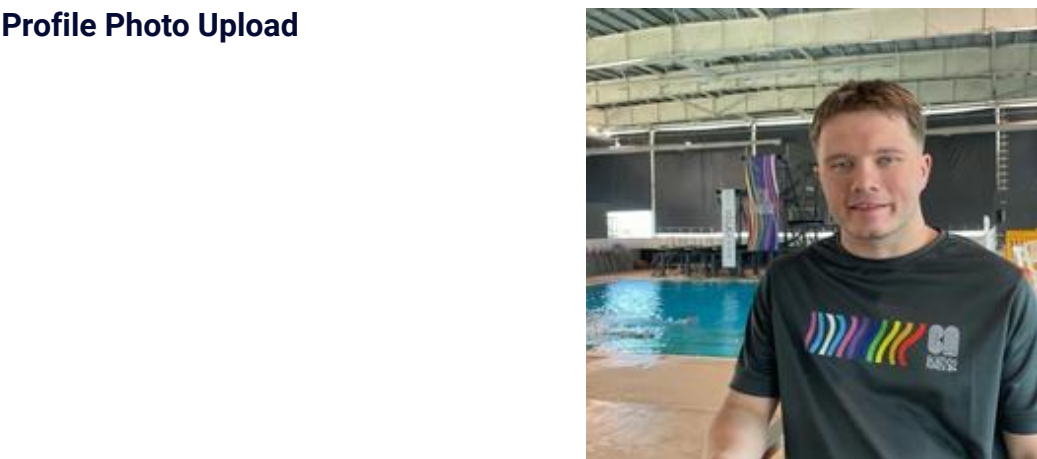
Date Submitted Monday, June 8, 2026

Section 1: Candidate Information

Board Position Title At-Large Director-Southeast Zone

Candidate Name (as on USMS registration) Thomas Murphy

LinkedIn Profile URL www.linkedin.com/in/thomasmurphy11192054



Section 2: Qualification Questions

I am a current USMS member in good standing in this election year.

Yes

I have completed ONE of the following in the past five years: A) Attended one or more annual meetings, B) Been on a standing committee or permanent committee of the Board of Directors, or C) Been a member of my LMSC Board of Directors.

Yes

USMS annual meetings attended in the last 5 years

Year Attended
2025
2024

USMS standing or permanent committee(s) served on in the last five years

Committee(s)
Officials
LMSC Development

LMSC Board position(s) served on in the last five years

Position
FGC Chair
FGC Officials
FGC Safety

I plan to attend the Annual Meeting this year.

Yes

I plan to attend all Annual Meetings, Board of Director meetings, and other assigned meetings during my tenure.

Yes

I have the technological capability to fully participate in USMS videoconference meetings.

Yes

For at-large director positions: I am a member of an LMSC within my zone of candidacy.

Yes

Section 3: Nomination and Recommendations

First Nominator and Recommender

Recommender 1: Name

Catherine Rust

Recommender 1 LMSC

Florida Gold Coast

Second Recommender

Recommender 2: Name

Linda Irish Bostic

Recommender 2 LMSC or N/A

Florida Gold Coast

Section 4: USMS Background

USMS Permanent Member Number 98M69

USMS Profile URL <https://www.usms.org/people/98M69>

Current LMSC Florida Gold Coast

Service at the LMSC Level

How many years have you served your LMSC?

1-5

LMSC Service History

LMSC Position/Committee	Length of Service (Years)
FGC Chair	1
FGC Officials	1
FGC Safety	5

Service at the Zone Level

How many years have you served at the Zone level?

0

Service at the National Level

How many years have you served at the National level?

1-5

National Service History

National Position/Committee	Length of Service (Years)
Officials	2
LMSC Development	1

Section 5: General Questions for all Candidates

Please state why you are interested in serving on the USMS Board of Directors.

I want to help strengthen US Masters Swimming through leadership, volunteer development, and training. I'm passionate about seeing our clubs and swimmers succeed. Helping ensure LMSC's have the resources they have and be an open voice for them to reach out to.

Please share a personal story about what USMS's mission means to you.

U.S. Masters Swimming's mission is meaningful to me. Swimming has transformed my own life beyond fitness and competition. It has provided community, leadership opportunities, personal growth, and lifelong friendships both in and out of my local area and the United States. As a swimmer and volunteer leader, I have seen firsthand how an inclusive and welcoming swimming environment can empower adults to improve their physical health, confidence, and overall quality of life.

What do you consider to be USMS’s greatest opportunities for the next 2-4 years? How might the Board support these opportunities?

Member growth and retention. It would be amazing to show adults that there is truly a place for everyone in US Masters Swimming, general fitness, competition, or just socializing. USMS can assist in developing future leaders.

Volunteer development, club and LMSC growth are areas over the next two years the board can support

these opportunities by advertising, surveys, giveaways.

Section 6: Position-Specific Questions

What makes you a good candidate for a USMS at-large director? What skills, experiences, and attributes do you have that will contribute to the success of USMS?

I have a strong background in operational experience, leadership, having assisted in multiple areas of US Masters Swimming I have a deep commitment to see the organization grow. Within USMS, I have served in multiple leadership roles at both the local and national levels, including as Florida Gold Coast LMSC Chair, Officials Chair, Safety Chair, and a member of the USMS Officials Committee and LMSC Development Committee. These roles have provided me with a broad understanding of governance, volunteer management, budgeting, policy development, club and LMSC operations, and member engagement. They have also given me experience working with volunteers from diverse backgrounds and perspectives to achieve common goals. Most importantly I care about the future of US Masters Swimming. As a volunteer it is important to be inclusive, and welcoming to ensure the growth of an organization.

Describe an experience of how you have (or would have) balanced your own perspective with input from individuals representing various viewpoints, and how you ensured that all perspectives were considered.

Throughout my experience, I have worked as Chair, Officials Chair, served on many committees, coach(ed) swimmers that bring a different background to the pool. Opinions differ however, listening and coming up with solutions based off the facts is somewhere I am strong. As a leader I encourage an open dialog that is respectful to one another. While voting or discussing ensuring that it is done in an appropriate manner/setting that all view points are considered. This helps lead to better collaboration & allowing volunteers to take the lead on projects so they feel proud of what was accomplished.

Section 7: Agreements and Submission

Election Operating Guidelines	Accepted
Board Standards	Accepted
Conflict of Interest Policy and Questionnaire	Accepted
Code of Conduct	Accepted
Unsporting Conduct	Accepted
Attestation	Accepted
Consent to Publish	Accepted
Consent to Run	Accepted

Signature





Board of Directors Nomination/Recommendation Form

Submitted on

Tuesday, June 9, 2026

Section 1: Nominator/Recommender Information

Name

Catherine Rust

LMSC or N/A

Florida Gold Coast

Zone or N/A

Southeast

USMS Permanent Member Number

06WNH

Section 2: Candidate Information

Board Position Title

At-Large Director-Southeast Zone

Candidate Name (as on their USMS registration)

Thomas Murphy

Section 3: Nomination & Recommendation

How do you know the candidate?

Member of my USMS team

What makes this person a good candidate for this position? What skills, experiences, or attributes do they bring that will contribute to the success of USMS in this role?

As Chair of the FGC LMSC Thomas has shown organization and leadership skills. Thomas organized a very successful Officials Clinic this past month. And we now have 10 new officials in our LMSC. And he initiated a way plan to support swim meet hosts.

Thomas also contributes on the USMS national level. He has volunteered as an official at USMS National Meets and currently serves on two USMS National Committees

Thomas would be an outstanding representative as an at large member of the USMS Board of Directors.

Section 4: Agreements & Submission

Nominator/First Recommender

Accepted

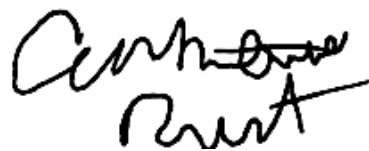
Attestation

Accepted

Consent to Publish

Accepted

Signature

A handwritten signature in black ink, appearing to read "Anthony Runt". The signature is written in a cursive style with a large initial "A" and a long horizontal stroke extending to the right.

Date Signed

Tuesday, June 9, 2026



U.S. MASTERS SWIMMING

Board of Directors Nomination/Recommendation Form

Submitted on

Thursday, June 11, 2026

Section 1: Nominator/Recommender Information

Name

Linda Irish Bostic

LMSC or N/A

Florida Gold Coast

Zone or N/A

Southeast

USMS Permanent Member Number

06BTX

Section 2: Candidate Information

Board Position Title

At-Large Director-Southeast Zone

Candidate Name (as on their USMS registration)

Thomas Murphy

Section 3: Nomination & Recommendation

How do you know the candidate?

I have known Thomas from our involvement in USMS in the FGC LMSC for the past several years. Previously I knew him as a swimmer and an official. Now I know him as a member of my Palm Beach Masters club and as our FGC LMSC Chairman of which I am the Vice-Chair. Additionally, he has filled-in as a coach on deck when needed with our club.

What makes this person a good candidate for this position? What skills, experiences, or attributes do they bring that will contribute to the success of USMS in this role?

Thomas is a good candidate for this position because of his participation and experience within USMS in all areas. He's a swimmer, official (locally & nationally) coach, involved at the LMSC level and at the USMS national level.

Swimming Achievements for Thomas Murphy:

Meet results for Thomas Murphy (188 swims)

Top Ten achievements (4 individual, 3 relay)

All-American Honors (1 years long distance individual, 1 years long distance relay)

Current USMS National Positions Held:

LMSC Development Committee Member 2026 - Present

Officials Committee Member 2025 - Present

Current LMSC Offices Held:

Florida Gold Coast LMSC Chair

Florida Gold Coast LMSC Officials
Florida Gold Coast LMSC Safety
USMS Certified Coach: Level 1 – achieved Oct 26, 2022

Thomas gets involved, takes action, and gets things done. He works to ensure he gets along with all too. His strengths include organization, training, recruiting, and delegation.

Section 4: Agreements & Submission

Second Recommender

Accepted

Attestation

Accepted

Consent to Publish

Accepted

Signature

A handwritten signature in black ink, appearing to be 'L. Qu' or similar, written in a cursive style.

Date Signed

Thursday, June 11, 2026